
PERSONAL ASSESSMENT: ESTABLISHING ACADEMIC PRIORITIES

FACTORS CONTRIBUTING TO ACADEMIC PERFORMANCE

Check each of the items you feel may have contributed to your present academic situation

Have any **course problems** made learning difficult for you?

- | | |
|--|---|
| <input type="checkbox"/> Inappropriate background for course | <input type="checkbox"/> Unrealistic amount of work assigned in class |
| <input type="checkbox"/> Course load too heavy | <input type="checkbox"/> No interest in particular course |
| <input type="checkbox"/> Uncertain about your academic and/or career goals | <input type="checkbox"/> Too little time available in your schedule |
| <input type="checkbox"/> Other course problems: _____ | <input type="checkbox"/> I am doing well and have not had any course problems |

Are there **personal issues** that may have interfered with your performance?

- | | |
|--|---|
| <input type="checkbox"/> Health issues | <input type="checkbox"/> Loneliness |
| <input type="checkbox"/> Financial difficulty | <input type="checkbox"/> Burnout from taking classes |
| <input type="checkbox"/> Too many commitments | <input type="checkbox"/> Unresolved personal problems |
| <input type="checkbox"/> Lack of confidence in your abilities | <input type="checkbox"/> Family problems |
| <input type="checkbox"/> Social distractions | <input type="checkbox"/> Substance abuse |
| <input type="checkbox"/> Change in relationship with someone important you | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> So far, no personal issues have interfered with my academic performance | <input type="checkbox"/> Learning disabilities |
| | <input type="checkbox"/> Learning-related issues |

Have any of the following **institutional factors** made learning difficult for you?

- | | |
|---|---|
| <input type="checkbox"/> Teaching | <input type="checkbox"/> Unaware of support services that can help |
| <input type="checkbox"/> Problems with instructors | <input type="checkbox"/> No opportunity for involvement with other students |
| <input type="checkbox"/> Classes too large | <input type="checkbox"/> Few people with interests or backgrounds similar to yours |
| <input type="checkbox"/> Campus values differ from yours | <input type="checkbox"/> Advising |
| <input type="checkbox"/> Lack of good tutors | <input type="checkbox"/> Inadequate facilities for studying |
| <input type="checkbox"/> Other institutional factors: _____ | <input type="checkbox"/> No, I feel that I have had a good Wittenberg learning experience |

Has your **approach to studying** hindered your academic progress?

- | | |
|---|---|
| <input type="checkbox"/> Good intentions but poor follow through | <input type="checkbox"/> Too little time for review |
| <input type="checkbox"/> Concentration easily broken | <input type="checkbox"/> Material quickly forgotten |
| <input type="checkbox"/> Worries about failure interrupt study | <input type="checkbox"/> Memorization substituted for understanding |
| <input type="checkbox"/> Spotty reading of textbooks | <input type="checkbox"/> Too little time to prepare for tests |
| <input type="checkbox"/> Unprepared for classes | <input type="checkbox"/> Unexpected questions on tests |
| <input type="checkbox"/> Lecture notes useless for studying | <input type="checkbox"/> Unsure about how to study |
| <input type="checkbox"/> Uncertain about what is important to study | <input type="checkbox"/> Other approaches to studying: _____ |

Are there **other factors** that might be making learning difficult?

- | | |
|--|--|
| <input type="checkbox"/> Enrolled in college because you were expected to | <input type="checkbox"/> Unsure about how college fits into your goals |
| <input type="checkbox"/> External expectations rather than internal motivation keeps you on campus | <input type="checkbox"/> Learning is rarely fun |
| <input type="checkbox"/> On and off-campus activities distract you | <input type="checkbox"/> Negative emotions (stress, boredom) are part of college routine |
| <input type="checkbox"/> Life seems to be "on hold" | <input type="checkbox"/> Energy low for completing assignments |
| <input type="checkbox"/> Athletic program did not work out | <input type="checkbox"/> Learning has not been difficult at Wittenberg |

